

In my case, coaches need to be familiar with the waterway territory, so we do an orientation run in the motorboat to identify hazards, emergency safe spots and no-go zones.

One of the difficult external threats is the attention of unwelcome outsiders. A careful watch and tactful action can avoid bother. You need to know who to call for backup if a threatening disturbance occurs. The school's security company should know where you are and you should have their phone number.

At a more local level, when I take a group into a new area, out of courtesy, I call the area commander of the local police and mention our location, numbers and make up of the group.

All students are required to put staff contact numbers on their mobile phones and all staff members have security numbers at hand. If students leaves the campsite (for example, to go to the shops) they are required to go in threes and have a mobile phone in the group.

## Rewards

The best part about a holiday training camp is the capacity for uninterrupted focus. Away from distractions and without reason for lateness or non-attendance, each student can really concentrate on instruction.

I schedule long hard sessions (broken into manageable units that increase in intensity over time) and gradually the students begin to realise their capacity for hard work. It's quite a revelation.

They feel what it is like to be in top condition, to set goals and to pull really hard to achieve them. They feel the satisfaction of improving their performance and they come to realise that, with attention and application, they can achieve way beyond their initial standard.

And so, after a week of camp, the students gain physical condition, but they also develop mental stamina and a deep sense of unity and team commitment that will equip them for the challenging competitive season ahead.



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## 2009 ICC Women's World Cup Educational Program

The ICC Women's World Cup 2009 school curriculum resource is an online teaching and learning program that celebrates and builds awareness of the players, teams and the spirit of cricket values of the ICC Women's World Cup to be hosted in Australia in March 2009.

The resource utilises both classroom and outdoor activities to promote and teach about the important community and cultural values of participating teams. It is a student centred teaching and learning program designed to support your students to model their learning in the classroom, school, at home and in the community.

There are five lessons in the classroom component and the program culminates in the class hosting a World Cup Festival at their school. The lesson titles are: *Playing for My Team*, *My Team, My Country*, *Teamwork – Playing in Harmony*, *Me and My Teammates – Being Proud to be Part of a Team*, and *Doing it for My Team*.

*The Our World Cup Festival* component is an opportunity for students to showcase their learning to their school. It is a day when students who have completed the program adopt a Women's World Cup 2009 country and, through a series of cultural exhibitions and cricket-playing activities, promote their team and adopted culture to the rest of their school community.

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## 2009 ICC Women's World Cup Education Program

Australian schools are invited to join in the fun and celebrate the 2009 ICC Women's World Cup!

In March 2009, Australia will host the first official International Cricket Council governed Women's Cricket World Cup. Defending World Cup champions Australia will take on India, England, New Zealand, Sri Lanka, West Indies, South Africa and Pakistan in the month long tournament showcasing the best female cricketers from around the world.

The 2009 ICC Women's World Cup education program is:

- Free of charge and downloadable from [cricket.com.au](http://cricket.com.au) from October 2008
- Designed to be taught in upper primary and/or lower secondary schools
- Meet relevant curriculum framework learning outcomes across a variety of key learning areas
- Provide students with an opportunity to interact, showcase work and publicly celebrate the 2009 ICC Women's Cricket World Cup.



To register your schools interest, please email [criced@cricket.com.au](mailto:criced@cricket.com.au)