discovery through Kenny three things which are necessary for health and well-being. Jeremy decides they encompass everything that would enable a person to live a happy, fulfilled life.

He deals with the emotional lives of 'Riant's teachers, parents and students. I was perplexed by this unusual name for a school until its origin was revealed. It's antiquated dictionary meaning is given as 'laughing children.' That's what schools are all about. The happy laughter of children as they learn and play together in a non-threatening and safe environment.

Jeremy takes us on a journey of faith, hope and revelation. He makes the reader fall about laughing one moment and brushing away an escaped tear the next. The reader will become emotionally involved with the scenarios presented.

The book has a huge emphasis on the anti-bullying policies most schools have in place today and strategies of how to deal with problems as they emerge. A newly-trained teacher will find these treasures invaluable.

Jeremy calls his discovery "Kenny's Oracle." The Oracle has a powerful simple wisdom – In order to avoid depression, jealousy, loneliness, anger and/or desperation we need:

- Something to do
- Something to look forward to
- Someone to love

Throughout the book Jeremy quotes sayings from Mother Teresa, Kateri Tekakwitha. Aristotle, Einstein et al. The quote that hit home personally is:

"Hope has two beautiful daughters; their names are Anger and Courage. Anger that things are the way they are. Courage to make them the way they ought to be." – St Augustine.

The book also raises issues about School Leadership Development Programs, National Testing and League Tables, Anti-Bullying and a myriad of other current educational issues.

This a book which I would strongly recommend to parents, teachers and principals.

Barb Ady
Music and Drama Lead Teacher